

- FINAL PROJECT

Talent:		Camera:	
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THE UNIVERSITY OF ILLINOIS STUDENT SENATE IS TAKING ACTION TO INCREASE AWARENESS FOR MENTAL HEALTH.

UI-7's ADELINN IPPENSEN HAS A REPORT ON THESE EFFORTS.

ACTIVE MINDS DOT ORG SAYS EVERY ONE IN FOUR ADULTS LIVE WITH A DIAGNOSABLE MENTAL ILLNESS. COLLEGE AGED STUDENTS ARE THE LEAST LIKELY TO SEEK HELP AMONG THESE ADULTS.

IT'S NUMBERS LIKE THESE THAT LED THE ILLINOIS STUDENT SENATE TO CREATE A SUBCOMMITTEE ON MENTAL HEALTH AWARENESS.

IT WAS GIVEN A TRIAL RUN AS A TEMPORARY SUBCOMMITTEE LAST SEMESTER AND BECAME A PERMANENT EDITION TO THE STUDENT SENATE THIS SEMESTER.

PRESIDENT OF THE STUDENT SENATE RON LEWIS SAYS THE GOAL OF THE NEW SUBCOMMITTEE IS TO

WORK WITH AND PROMOTE THE MENTAL HEALTH SERVICES OFFERED.

**{INCUE: WE THOUGHT IT
OUTCUE: STUDENTS WHEN
NEEDED}
LENGTH:**

[0:09]

**{WE THOUGHT IT WOULD BE
APPROPRIATE IF WE CREATED AN
ENTIRE COMMITTEE SOLELY ON
THE PURPOSE OF MAKING SURE
MENTAL HEALTH RESOURCES ARE
THERE FOR STUDENTS WHEN
NEEDED.}**

VICE CHANCELLOR FOR STUDENT AFFAIRS DOCTOR RENEE (ren-aye) ROMANO (rah-man-oe) SAYS THE STUDENT SENATE'S COMMITTEE IS EVIDENCE THAT STUDENTS ARE CONCERNED. SHE SAYS STUDENT MENTAL HEALTH IS A PROBLEM ON ALL COLLEGE CAMPUSES.

DOCTOR ROMANO SAYS COUNSELING CENTERS NATION WIDE ARE GATHERING DATA AND SEE A CHANGE IN THE SEVERITY OF MENTAL ILLNESSES IN COLLEGE STUDENTS.

**{INCUE: MAYBE 20 YEARS
OUTCUE: ARE GETTING WORSE}
LENGTH:**

[0:13]

**{MAYBE 20 YEARS AGO THEY
MIGHT SEE SOMEBODY THAT WAS
HAVING ROOMMATE PROBLEMS.
NOW THEY'RE SEEING PEOPLE
WHO HAVE SEVERE DEPRESSION
AND ARE CONTEMPLATING
SUICIDE. SO HIGH ANXIETY,
DEPRESSION...THE PROBLEMS
ARE GETTING WORSE.}**

DOCTOR ROMANO SAYS THE
UNIVERSITY OF ILLINOIS' SERVICES
ARE AMONG THE BEST TO TREAT
ANY MENTAL ILLNESS NO MATTER
THE SEVERITY.

**{INCUE: SO WE HAVE
OUTCUE: THERAPY AS WELL}
LENGTH:**

[0:09]

**{SO WE HAVE BOTH TALK
THERAPY UNITS THAT GIVE
THERAPY AND GROUP THERAPY,
BUT WE ALSO HAVE MCKINLEY
WHO CAN WORK WITH DRUGS
AND ALSO TALK THERAPY AS
WELL.}**

MCKINLEY HEALTH CENTER

DIRECTOR DOCTOR ROBERT PALINKAS (puh-lin-kus) SAYS THE COLLABORATION BETWEEN MCKINLEY AND THE COUNSELING CENTER IS A MODEL MANY COLLEGES WISH THEY HAD.

DOCTOR PALINKAS ALSO SAYS THERE IS A GROWING NUMBER OF STUDENTS WHO ARRIVE ON CAMPUS ALREADY WITH A MENTAL ILLNESS THAT NEEDS CONTINUING TREATMENT.

U-OF-I JUNIOR RACHEL FLEMING KNOWS FIRST HAND THE PROBLEM OF HAVING A MENTAL ILLNESS AS A COLLEGE STUDENT. FLEMING WAS DIAGNOSED WITH CLINICAL DEPRESSION DURING HIGH SCHOOL AND LATER WITH A-D-H-D IN COLLEGE.

FLEMING SAYS SHE REGULARLY ACCESSES THE SERVICES OFFERED AT U-OF-I AND FINDS THEM TO BE EXTREMELY HELPFUL. SHE SAYS THE SERVICES HELP HER GET THROUGH DAY TO DAY ACTIVITIES THAT BECOME DIFFICULT WITH MENTAL ILLNESSES.

{INCUE: I HAVE SYMPTOMS

OUTCUE: ASHAMED OF THEM}

LENGTH:

[0:09]

{I HAVE SYMPTOMS THAT GET IN THE WAY OF MY NORMAL LIFE, BUT I'M NOT ASHAMED OF THEM. THEY'RE ANNOYING AND I GET MAD THAT I HAVE THEM BUT NOT ASHAMED OF THEM.}

FLEMING SAYS THE MOST IMPORTANT THING FOR A STRUGGLING STUDENT TO DO IS TO SEEK HELP.

{INCUE: IT'S KIND OF OUTCUE: FOR THAT THING}

LENGTH:

[0:10]

{IT'S KIND OF LIKE ADDICTION. YOU HAVE TO BE HONEST WITH YOURSELF. THE FIRST STEP IS TO SEEK MEDICAL AND PROFESSIONAL HELP. RECOGNIZE WHAT YOU HAVE AND SEEK APPROPRIATE TREATMENT FOR THAT THING.}

FLEMING ALSO SERVES ON THE MENTAL HEALTH SUBCOMMITTEE AND SAYS SHE IS PASSIONATE ABOUT MAKING SURE MENTAL HEALTH ISSUES ARE ADDRESSED.

ADDRESSING MENTAL HEALTH
ISSUES AND SERVICES IN COLLEGE
IS HAPPENING BEYOND THE U-OF-I.

U-S SENATOR DICK DURBIN VISITED
CAMPUS THIS FALL TO DISCUSS
LEGISLATION THAT WOULD
IMPROVE MENTAL HEALTH
SERVICES ON COLLEGE
CAMPUSES.

THE PROPOSED BIPARTISAN BILL
WOULD GIVE CAMPUSES FEDERAL
MONEY TO EXPAND THEIR MENTAL
HEALTH SERVICES.

IN CHAMPAIGN, I'M ADELINN
IPPENSEN, UI-7 NEWS.

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